



3rd EDITION

# CHRISTMAS CAMP

HIGH PERFORMANCE • HIGH TECHNIQUE

AT THE FACILITIES OF THE ROYAL SPANISH FOOTBALL FEDERATION

**26-30 DECEMBER**

LAS ROZAS, MADRID



COACHES OF THE BEST FOOTBALL QUARRIES  
FROM 6 TO 23 YEARS OLD • MALE AND FEMALE

**PROFUTCAMPS.COM**

# SOCCER CAMP IN LAS ROZAS, MADRID

## WHEN STARTS?

Next DECEMBER 26, 2022 in a unique place such as the facilities of the RFEF (Royal Spanish Football Federation) where the senior Spanish National Teams train and stay.

**INTERNATIONAL PROFUTCAMPS MADRID** It is a unique event, where the boys and girls share 5 days in high technology or high performance, surrounded by different cultures and with many purposes, among which learning, competing and enjoying soccer stand out. Many also arrive hoping to be snapped up by the top-tier sporting directors and agencies attending the event.

## TO WHOM IS IT AVAILABLE?

It is aimed at boys and girls between 6 and 23 years old who are divided into small groups, based on their position on the field, age and technical level. We classify the players by Intermediate, Regional, National or Honor Division technical level so that they can have a training adapted to their level.

They live together for 5 days with teammates and coaches of different nationalities, who belong to the best youth academies in Spain and part of Europe.

Small field groups, with a specific program for goalkeepers, with no more than 5 students per coach. Specific exercises with a wide variety of sports equipment.





# WHAT IS INCLUDED?

- 5 days of high performance/high technification training.
- **Specific daily training and game analysis.**
- UEFA coaches from academies such as Real Betis, Sevilla CF, Valencia CF, RCD Español CF, in addition to our active physical trainer who works with 1st division players and our video analyst.
- **Production team that will take photos and videos during all the training sessions**
- **Activities:**
  - Tour Wanda Metropolitano
  - Matches
  - Positive psychology and nutrition
  - Thematic nights
  - Evening evenings.
- **2 complete Nike training kits**
- FIFA scouts and agents



# ADVANCED LEVEL OR ÉLITE

Live five days of high performance training with a coach from 1st division level in one of the best teams in Spain. He trains like a professional, plays against 2 National teams, all guarded by experienced UEFA PRO coaches. He shares a unique experience with students from more than 15 nationalities. If you want you can! Reduced prices! Enjoy the facilities of the Spanish soccer team.

## Elite 16 - 23

Do you play in the Honor Division, 3RFEF, National or Reto Iberdrola ? The elite level is yours. Improve your understanding of the game and train to take on a professional team.

## Advanced Level

Are you between 16 and 23 years old but do not play in a professional category? Don't worry, we are going to get the best out of you in each training session so that you can show a tangible improvement in the matches.



# HIGH PERFORMANCE COURSE

The training sessions will expose the players to a professional level of training and will adopt the methodology of a weekly development program, called "four corners", which focuses on the players physically, mentally, tactically and socially. Sessions will comprise of technical and tactical practices focusing on all aspects of the game, including individual and team defense and attack, the game and the transitional elements of the game for all players to develop their ability during their time with Profutcamps. Sessions to seek specific strength and with the aim of preventing injuries.

## PROFUTCAMPS MATCHES

All Advanced Level and Elite players will play matches under the supervision of technical directors and will have the opportunity to be selected or awarded scholarships in our academy for the 2022/2023 season, in addition to the different success stories in which several students find themselves, who have been signed in youth teams or selected in their category with the Spanish team.

**MATCH:**  
**Advanced Level**





# FACILITIES

All Advanced Level and Elite players will play matches under the supervision of technical directors and will have the opportunity to be selected or awarded scholarships in our academy for the 2022/2023 season, in addition to the different success stories in which several students find themselves, who have been signed in youth teams or selected in their category with the Spanish team.

The gym of the Spanish Soccer Team is equipped to work from the first team where players of the stature of Sergio Ramos, Iniesta and Villa have done it, and it is currently visited by Unai Simón, Pedri, Morata... going through the categories Under 21/19/17/16/15/14/13.

A gym made for the footballer.

The boys sleep in the rooms of legends. Where all the players who represent Spain in the highest category do it, such as in a World Cup or a European Championship. Air-conditioned, with interior bathroom, TV and daily cleaning.

**Video  
facilities**



**Video  
residence**



# AFTERNOON ACTIVITIES

We will have different afternoon activities to complement our football training:

## Tournaments

Organizing tournaments for Advanced Level and Elite students who will play against local teams.

## Visits

Visit to the Wanda Metropolitano, where we can see one of the most important stadiums in the world

## Evening activities

Evening activities, such as Trivial and movie nights related to the world of football.



# PRICES



## **Only mornings** **From 10:00 to 14:00** **275€**

- Includes snack.
- Does not include food.
- 1 kit,
- RC+Accident insurance.



## **Both mornings and afternoons** **From 10:00 to 20:00** **475€**

- Includes snack, food and snack.
- 2 kits,
- Visit to the Metropolitan Wanda
- RC+Accident insurance.



## **Resident mode** **Full board** **745€**

- Hotel with full board
- Includes breakfast, snack, lunch, afternoon snack and dinner.
- 2 kits,
- Visit to the Metropolitan Wanda
- RC+Accident insurance.



### Discounts

**5%**

- If you repeat
- Teams of more than 4 members

**10%**

- If you repeat 2 times or more
- 2nd sibling







# MODALITIES

## External mornings and afternoons

10:00 a.m. Arrival at the RFEF.  
10:15 a.m. Start of the 1st Specific session.  
11:30 a.m. Snack / Hydration.  
12:00h Start 2nd Specific session.  
1:30 p.m. End of the Session.  
2:00 p.m. Pick up.

10:00 a.m. Arrival at the RFEF.  
10:15 a.m. Start of 1st Specific session.  
11:30 a.m. Snack / Hydration.  
12:00h Start 2nd Spec session.  
1:30 p.m. End of the Session.  
2:00 p.m. Lunch.  
3:00 p.m. Leisure time (desc)  
4:00 p.m. Talks/presentations.  
5:00 p.m. Activity.  
8:00 p.m. Pick up.

## Resident

09:20 a.m. Breakfast.  
10:00 a.m. Arrival at the facilities.  
10:15 a.m. Start of 1st session  
11:30 a.m. Snack  
12:00h Start 2nd session  
1:30 p.m. End of the Session.  
2:00 p.m. Lunch.

3:00 p.m. Leisure time (rest)  
4:00 p.m. Talks/presentations  
5:00 p.m. Activity.  
8:00 p.m. Shower and free time.  
9:00 p.m. Dinner.  
10:00 p.m. Competitions and evenings.  
00:00 to sleep.

The accommodation regimen includes breakfast, snacks, lunch, snacks and dinner. In case of allergies, it must be communicated.

You can request morning classroom service for arrival from 7:00 a.m.



# PFC METHODOLOGY

We use a global and systemic methodology adapted to the formative stage of each student, with different ways of introducing new ideas to experience their best virtues, enhancing their creativity and skills. Our methodology is endorsed by recognized members of the international arena.

## GENERALS AIMS

### Cooperation

Cooperation and interaction between students. The basis of fellowship is essential in the values and objectives of Profutcamp.

### Values

Instill values such as effort, friendship, self-esteem, camaraderie, tolerance and respect in all activities.

### Development

Development of technique and analytical work with instructional activities and applied teachings.

### Decision

Manage technical-tactical situations influencing decision-making, and act appropriately.



# COEXISTENCE OBJECTIVES

- Promote the autonomy of students in daily tasks and learn to fend for themselves
- Let go of individualism
- Fight the fear of failure
- Promote creativity and the development of attitudes, intellectual abilities and skills in a context of human, close and affectionate relationships
- Acquire a social and environmental commitment
- Promote respect and camaraderie

## PLAYERS SPECIFIC

### **Tactical**

Offensive play, defensive play, organization of the game, set pieces...

### **Technical**

Passing, control, dribbling, feints, shooting, dynamic skill, heading game, long pass, (front instep)...

### **Conditionals**

Improvement of strength, flexibility, speed, reaction speed, coordination...

## GOALKEEPERS SPECIFIC

### **Tactical**

Offensive and defensive (one-on-one set-ups, retreats...) in real game situations

### **Technical**

Blocking, falling, laterality, deviation, playing with the feet...

### **Physical**

Speed, coordination, proprioception, core, motor skills, balance, specific strength...

**Knowledge and mental self-management**



# IN PREVIOUS EDITIONS

During all our campuses we have had different visits from professionals and celebrities on campus

## VISIT OF PROFESSIONALS

### Marcos Senna

Former player  
Villarreal CF and  
Spanish National  
Team

### Delantero 09

The best known  
football youtuber

### Jorge Andrade

Former player at  
Porto CF and  
Juventus FC

### Rosa Márquez

Real Betis Balompié  
Player and Spanish  
National Team

### Joe Hart

Goalkeeper for Celtic  
Glasgow, Former  
Manchester City,  
English National  
Team...

### Roberto Soldado

Current player in  
Levante UD, Ex  
villarreal CF,  
Granada CF, etc..



# FORGING STARS

Our players get opportunities after passing through the campus.



## Jimena

One of our veteran goalkeepers on campus has played in the U17 Women's World Cup.

## Nico Nso

During our 2021 campus, we prepared Nico to sign for Alcorcón



## Olaia Delgado

During our 2021 campus, we prepare Olaia to sign for Eibar

## Miguel Soto

Miguel has always been our student has signed for Getafe CF.



## Juanqui

Juanqui was selected to play in the premiere of Malta and finally ended up in the 1st Team of Talavera de la Reina

## Rocío Elaine

One of our students recently signed for the women's Sevilla FC.



**Players from the best academies in Spain and Europe train with us!**



# EXTRA SERVICES

We offer different extra services during the campus that you can contract previously.

## Personalized video analysis

A detailed video analysis, where we make numerous recordings of the student to analyze the errors and be able to show the student what they need to improve on.

## Technification sessions

Personalized training for a rapid improvement of skills, technical-tactical, physical and cognitive development.

## Airport Transfers

We pick you up at the station or airport to take you to the facilities in a comfortable and safe way.

New!

## Photoshoot

Professional photo session in the studio in the purest FIFA style, which you will have as a souvenir to upload to your social.

## Nike Backpack

Nike Training Backpack. Versatile, comfortable and with many compartments. The perfect backpack for the footballer



Discover our video analysis

Technification



# PARENTS

So that parents can accompany their children in this incredible experience and enjoy Madrid. Parents can choose to sleep with their child or be in another area of the hotel so they can enjoy their stay at the Spanish Football Federation facilities.

Accompany your son in his training sessions and enjoy the facilities of the Royal Spanish Football Federation, where values and a lot of football are breathed. In addition, you will be part of our visit to the Wanda Metropolitano, one of the most impressive stadiums in the world.

**For more information,  
contact with us!**





# CAMPUS RULES

- Punctuality is the key to coexistence and respect.
- The mobile phone is totally prohibited outside the established hours and will be notified at the official time.
- Participants will respect their assigned room, as well as their table and locker room.
- Violence is totally prohibited, any symptom that the organization receives, may expel the student.
- You cannot smoke or drink alcohol.
- Nothing can be borrowed without the permission of any member of the organization.
- The facilities must be respected.

## SANITARY ASSISTANCE

Profutcamps has accident and RC insurance for all participants, even so you must present health insurance, either from public or private health.



# CANCELLATION POLICIES

Until November 26, 2022, 60% of the amount paid for the campus will be refunded, as long as the full payment has been made. From this day on, there will be no right to a refund (except serious illness or injury with medical justification, as long as you have refund insurance).

When a participant cannot participate or must leave the campus due to serious illness or injury, they will be reimbursed €40 per day not enjoyed in internal mode and €20 in external mode (If you have contracted insurance, you will be refunded 100% of what you didn't enjoy). If it is not justified by medical reasons or the abandonment of the campus or has nothing to do with the above, you will not be entitled to a refund of the amount.







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